St. Xaviers school Jawalarrei.

sunoot

Class 11

Be Productive, Work Better.

In the 21st century where everyone is influenced by the social media and the internet, many people have become the victims of addiction to such apps. The social media is a virtual world of its own. These apps possess the power to change the world for better or for worse. In the apps such as Facebook, tiktok, instagram, many people are spreading propoganda and false news. We need to be aware of such things.

I would like to develop such an app which helps the teenagers and other people to be able to focus on their day to day activities rather than waste their time on social media. In the recent years, teenagers are addicted to social media and they haven't been able to study and focus properly. It has a negative influence on them.

The app that I create shall be called "Be Productive". This app works by not letting the app that the users would like to avoid open and direct it to something else. A window will pop up that may help the users to focus on their tasks better. The window might be a breathing exercise to focus, or some words or phrases that the users can enter to motivate themselves ond doing their tasks or any other distractions to avoid using the app that kills their time so that they won't regret later. The users can make this work on as many apps that they would like. The app shall also show how much time they had spent saved by avoiding such apps.

This app can benefit all the users of all the

ages. But, mostly it will benefit the students to help them focus better. This will help people to get over their addiction or such apps and focus on the world better.